

**St Mary's Wollaton Park**  
**Online kids' church, Sunday 24<sup>th</sup> May 2020**

Today we talked about how God is in charge of the things that worry us. The Bible says that God looks after the birds in the sky and the plants in the ground. We can see that and know that God loves us and will look after us too!

**Face Movements**

We moved our faces to show different things we might feel. We thought about how sometimes we feel worry feelings.

**A Bible Story**

We read a Bible story from the Jesus Storybook Bible, p228-234, based on Matthew 6:25-34.

This story was all about Jesus speaking to people who were worried. He told them that they didn't need to worry, because God loves us and has promised to look after us.

**Outside Adventures**

Debs took us outside to look at the flowers in the ground and the birds in the sky. We saw that the wildflowers in the ground had everything that they needed – food, sun, rain – to grow. We saw that the birds in the sky had everything they needed as well. Jesus says if God gives flowers and birds when they need, they he will give us what we need to!

We thought about how God might not look after us in the exact ways that we want him to, or in the ways we expect, but he loves us so we don't need to worry. We can ask God for help when we are worried, and we can keep trusting and following Jesus.

**Things to do at home**

- You could make your own paper birds (see instructions below)
- Or you could go to your window or into your garden and see how many birds and flowers you can see. While you do that, why don't you think about what birds and flowers tell us about being worried?
- You could listen to some songs:  
Fear Not by Ellie Holcomb <https://youtu.be/MDNIFzccqing>  
Wide, Long, High, Deep by Ellie Holcomb <https://youtu.be/7xln8iaBM00>  
Do Not be Anxious by Seeds Family Worship <https://youtu.be/Jd35-M-xLX4>  
Never Be Shaken by Maranatha Kids <https://youtu.be/HUo7eK1KB0Q>  
My God is So Big (dance version) by Jabez Paul <https://youtu.be/YUageJdwyPY>  
These are all on a YouTube playlist at  
<https://www.youtube.com/playlist?list=PLdU24OqkUml7HzaWBYCv4-AuUYKcJAKhK>

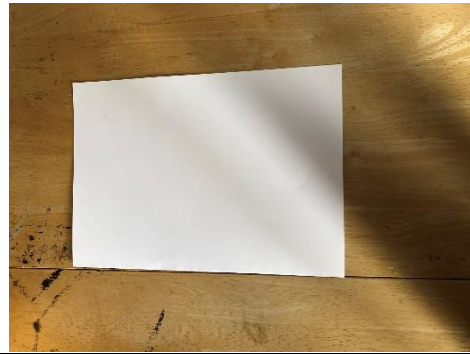
Don't miss these great songs which can't be added to a YouTube playlist:  
Jesus, Strong and Kind by CityAlight/Colin Buchanan [https://youtu.be/T5Y8s-Sz\\_ac](https://youtu.be/T5Y8s-Sz_ac)  
Just Give Me Jesus by Shout Praises Kids <https://youtu.be/7-Lk78-QKIA>

## How to make paper birds

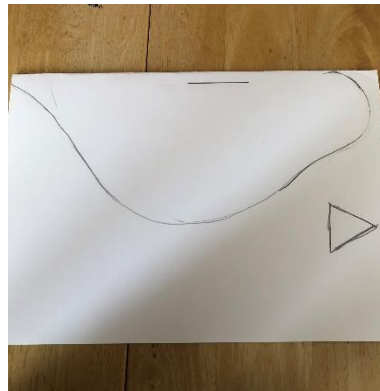
You will need:

- 2 pieces of A4 Card
- Scissors
- Colouring pencils/ pens
- Glue

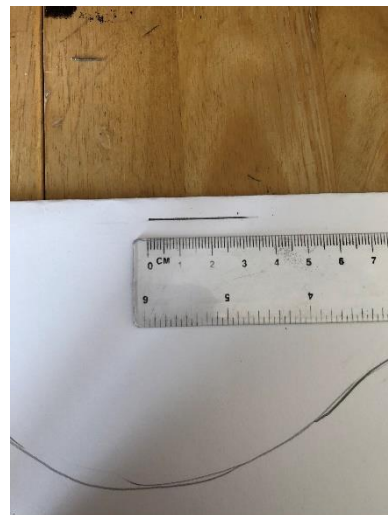
1. Take a piece of A4 card and fold it in half.



2. Draw an outline of a bird on the fold of the paper.  
3. Draw a triangle for a beak.



4. Near the top of the bird, draw a line that is 3 cm long.



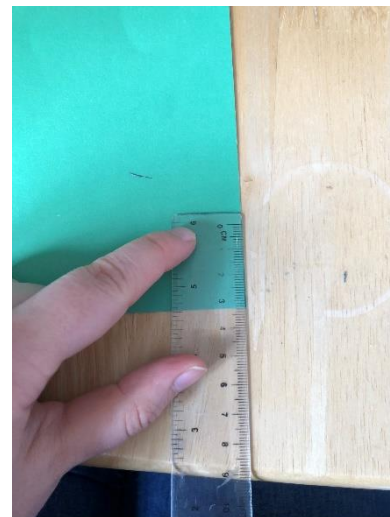
5. Cut out your bird and your beak  
Carefully, cut along the 3cm line



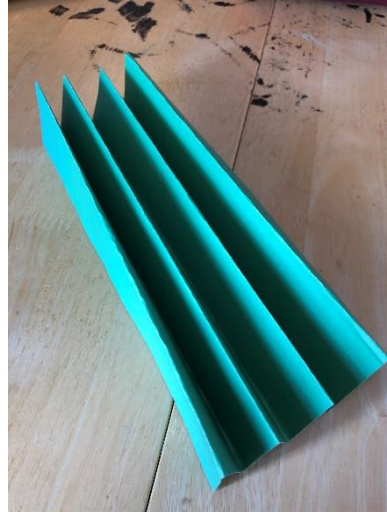
6. Stick the beak onto the head part of  
our bird using glue.  
7. Decorate the bird.



8. Take a separate piece of A4 card. A  
different colour works well if you have  
it. Fold the card into a 3cm concertina  
shape.



9. Insert your concertina into the 3cm slit in your bird, being carefully not to rip the card of your bird.



10. Bend the wings upwards to secure in place.



11. Enjoy your paper bird.

